



Brighten the Holidays  
*for local families & seniors*

Benefiting: metrocrest  services<sup>®</sup>  
*building a stronger community together*

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## What Food to Donate:

### Canned **meats**

(chili, beef stew, ravioli, tuna, chicken, salmon)

### Canned **fruits**

### Canned **soups**

### Canned **beans**

(pinto, kidney, black, etc.)

### Canned **green beans**

### Canned **corn**

### Canned **tomatoes**

### Canned **peas**

### Canned **carrots**

### **Rice** (box or bag)

### **Pasta** (box or bag)

### Boxed **macaroni & cheese**

### Flavored **rice or pasta dishes**

### Instant **soups**

(ramen, soup packets)

### **Stuffing**

### **Sugar or flour** (1 or 2 pound bags)

### **Jello or pudding** mixes

### **Muffin/bread** mixes

***Non perishables only. No glass or expired items.***

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