

HELP FEED LOCAL FAMILIES

# THANKSGIVING FOOD DRIVE



## HOW YOU CAN HELP!

### USE THIS LIST FOR NEEDED ITEMS

### OR CONSIDER A...

#### VIRTUAL FOOD DRIVE

Increase your impact by giving online & invite others to do the same at [metrocrestservices.org](http://metrocrestservices.org).

#### VOLUNTEER

**Sort & assemble items collected.**  
To sign up, or set time & date, visit [metrocrestservices.org](http://metrocrestservices.org) for shift times and dates.

Metrocrest Services Thanksgiving Program provides meals to local families in need. With your help we can supply food to those families this Thanksgiving holiday. Each family will receive an ample box of food based on family size.

All supplies collected will be distributed to low-income families living in Carrollton, Farmers Branch, Addison, Coppell, and Dallas in Denton County. Last year, we distributed approximately 2,036 boxes of food to families during the November and December holiday programs.

Any food remaining after the holidays will be distributed through our Food Pantry where we assist an average of 209 families weekly with 25+ pounds of food per person. During the last year, the pantry distributed over 692,958 meals to help local families address food insecurities.



## WHAT TO DONATE:

### Canned **meats**

(chili, beef stew, ravioli with meat, tuna, chicken, salmon, etc.)

### Canned **fruits**

### Canned **soups**

### Canned **beans**

(pinto, kidney, black, etc.)

### Canned **green beans**

### Canned **corn**

### Canned **tomatoes**

### Canned **peas**

### Canned **carrots**

### **Rice** (box or bag)

### **Pasta** (box or bag)

### Boxed **macaroni & cheese**

### Flavored **mixes**

(Rice-a-Roni, instant potatoes or Hamburger Helper)

### **Instant soups**

(ramen, soup packets)

### **Stuffing**

### **Sugar or flour** (1 or 2 pound bags)

### **Baking mixes, muffins, cornbread**

*Non perishables only. No glass or expired items.*

**DROP OFF ITEMS**  
**NOVEMBER 11 - 22**  
**BETWEEN 9AM TO 4PM**

No drop offs on November 16 & 17

**TO OUR FOOD PANTRY LOCATED**  
**13801 Hutton Dr, #150**  
**Farmers Branch, TX 75234**